



September 2022 VR Monthly Newsletter “Conservancy Corner”

Plastic Reduction

Did You Know...

1. The World produces about 400 million Tons of Plastic Waste A Year

2. The US Produces 42 million Metric Tons of Plastic Every Year, (the Highest in the World) and in 2021 only 5% to 6% was recycled
3. More Than 8 million Tons of Plastic Enter the Oceans Every Year
4. It takes around 500-1,000 years for plastics to decompose

How Can I be part of the solution?

Start by doing ONE GREEN THING, then another and another! As we all know small but impactful changes in our lifestyle can make a big difference!

Here are a few simple ways to incorporate impactful change into your daily life...

- **Use Reusable bags**
 - Utahns annually use about 940 million plastic bags. Most bags are only used for 12 minutes before they are discarded. Invest in reusable shopping bags and mesh produce bags
- **Bring your own Bottle** and get in the habit of utilizing your refillable water bottle throughout the day, at the office and during your travels. Each fill up is one less plastic bottle in our environment! In the U.S. alone, we generate 79 million plastic bottles each day!
- **Pay attention to the packaging**
 - Replace your current cleaning and household products with sustainable eco-friendly products that are not in plastic packaging.
 - <https://www.grove.co/catalog/product/drews-zero-waste>
 - <https://www.greenmatters.com/p/eco-friendly-cleaning-products-no-plastic>
 - Dropps laundry and Dishwasher detergent www.droppps.com
 - Purchase TP that is not wrapped in Plastic. Check out Who gives a crap <https://us.whogivesacrap.org/collections>
 - <https://zerowastestore.com>

Learn more about the zero waste movement, changing the way we consume today, for a more sustainable tomorrow.

Check out Park City’s zero waste & refill store, fulfilled. [HTTPS://FULFILLEDUTAH.COM/](https://fulfilledutah.com/)